Curriculum Waiter/Waitress

(Short Term Competency Based Curriculum)



Council for Technical Education and Vocational Education **Curriculum Development Division** Sanothimi, Bhaktapur 2017

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मोड्युल दः उद्यमशीलता विकास (Entrepreneurship Development)
मोड्युल ९: लैगिंक समानता तथा सामाजिक समावेसिकरण

Introduction:

This curriculum has been developed with a special purpose of preparing middle level technical workforce equipped with skills, knowledge and attitudes necessary to work as waiter/waitress in order to meet the demand of such workforce in the country and abroad. The technical skills incorporated in this curriculum come from the experts who have already worked or have been working as waiter/waitress. Its contents are organized in the form of modules.

This curriculum provides skills and knowledge necessary for being a waiter/waitress. There will be both demonstration by trainers/instructors and opportunity by trainees to carry out the skills/tasks necessary for this level. Trainees will practice and learn skills by using typical tools, materials and equipment necessary for this curricular program. There are nine modules altogether in this course. The first module familiarize the trainees with Food & Beverage Service; Module two deals with the Communication Skills necessary for the profession; module three relates the trainees to Mise-enscene & Mise-en- place; module four trains them on Cover Layout and Napkins Folding techniques; module five deals with the Hosting & Order Taking skills; module six relates them with the Food and Beverage Service; module seven deals with the Bill Settling and Closing; module eight trains them on the skill of running and developing small Enterprise and module nine sensitize the students on gender equality and social inclusion. This curriculum emphasizes on competent performance of the task specified in it. 80% time is allotted to the competencies and 20% to the related technical knowledge.

Aims:

The aims of this curriculum are:

- To produce middle level food and beverage service personnel for hospitality industries.
- To produce such technical workforce who will be able to create an enterprise.

Objectives:

After the completion or this training program, the trainees will be able:

- To familiarize with the Service to be carried out by a waiter or waitress
- To perform Mise-en-séance & Mise-en- place to be carried out by a waiter or waitress
- To provide services to be carried out by a waiter or waitress
- To perform hygienic sanitation and briefing activities to be carried out by a waiter or waitress
- To perform cover layout and napkins folding activities to be carried out by a waiter or waitress
- To perform hosting & order taking activities to be carried out by a waiter or waitress
- To perform food and beverage services to be carried out by a waiter or waitress
- To perform bill settling and closing activities to be carried out by a waiter or waitress
- To get employment within and outside the country
- To operate their own hotel/restaurant/bar as small enterprise

Duration:

The total duration of this curricular program will be 3 months (390 hours) including OJT.

Group size:

Maximum 20 person in a group

Pattern of attendance:

The trainees should have at least 90% attendance in both theory and practical (Performance) to be eligible for certification.

Entry Requirement:

Individuals who meet the following requirement will be allowed to enter in this curricular program:

- NSTB skill test level I completed or three years' experience on related occupation
- Physically and mentally sound
- Age : Above 16 years

Certification:

The related training institute will provide the certificate of **"Waiter/Waitress"** to those individuals who successfully complete all the tasks with their related technical knowledge including OJT specified in this curriculum.

Student Evaluation:

- Continuous evaluation of the trainees' performance is done by the related instructor/trainer to ensure the proficiency over each competency.
- Related technical knowledge learnt by the trainees will be evaluated through written or oral tests as per the nature of the content

Trainers' Qualification:

- Bachelors in Hotel Management or Diploma in Hotel Management with 3 year's experiences.
- Good communicative & instructional skills.

Trainer – Trainees Ratio:

- 1:10 for practical classes
- Depends on the nature of subject matter and class room situation for theory classes.

Medium of Instruction:

The medium of instruction for this training program will be Nepali or English.

Provision of Skill Test:

Those individuals who successfully complete all the tasks with their related technical knowledge including OJT specified in this curriculum can sit in skill test Level 2 after fulfilling the requirements of NSTB.

Suggestions for Training

Demonstrate task performance

- Demonstrate task performance in normal speed with verbal description of each and every steps in the sequence of activity flow of the task performance using question and answer techniques
- Repeat the above step for the clarification on trainees demand if necessary.
- Perform fast demonstration of the task performance.

Provide trainees the opportunity to practice the task performance demonstrated.

- Provide trainees to have guided practice:- create environment for practicing the demonstrated task performance and guide the trainees in each and every step of task performance
- Provide trainees the opportunity to repeat & re-repeat as per the need to be proficient on the given task performance
- Switch to another task demonstration if and only if the trainees developed proficiency in the given task performance

S. N.	Modules	Nature		Time		
			Theory	Practical	Total	
1.	Introduction to Food & Beverage Service	Т	20	0	20	
2.	Communication Skills	T+P	8	20	28	
3.	Mise-en-scene & Mise-en- place	T+P	6	22	28	
4.	Cover Layout and Napkins Folding	T+P	8	40	48	
5.	5. Hosting & Order Taking		4	14	18	
6.	Food and Beverage Service	T+P	14	56	70	
7.	Bill Settling and Closing	T+P	6	16	22	
8.	Entrepreneurship Development	T+P	18	22	40	
9	Gender Equality and Social Inclusion	T+P	6	10	16	
	Sub Total		90	200	290	
10	OJT			100	100	
	Total:		90	300	390	

Modules

- Module 1: Introduction to Food & Beverage Service
- Module 2: Communication Skill
- Module 3: Mise-en-scène & Mise-en-place
- Module 4: Cover Layout and Napkins Folding
- Module 5: Hosting & Order Taking
- Module 6: Food and Beverage Service
- Module 7: Bill Settling and Closing
- Module 8: Entrepreneurship Development
- Module 9: Gender Equality and Social Inclusion

Module 1: Introduction to Food & Beverage Service

Time: 20 hours theory + 0 hours practical = 20 hours

Description:

It consists of the theory related interlocutory part of food and beverage service. Under this module there is knowledge related theory part of food and services industry necessary to be known by a senior waiter or waitress.

Objectives:

After its completion the trainees will be able to:

- familiarize with the tourism and hospitality industries
- familiarize with food & beverage service departments, outlets, personnel
- familiarize with food & beverage service techniques and practice
- maintain personal, restaurant and food hygiene

Contents:

To meet these objectives trainees are expected to get basic concept about the following elements:

- 1 Tourism (Introduction, importance, history)
- 2 Hospitality (Introduction, importance, history)
- 3 Introduction to catering industry
- 4 Hotel and types
- 5 Department of hotels
- $6 \quad F \& B \text{ service departments}$
- 7 F & B outlets
- 8 Attributes of F & B staff
- 9 Duties and responsibilities of f &b personnel
- 10 Inter departmental coordination
- 11 Terms and terminologies used in food and beverage service
- 12 Opening and closing of restaurant
- 13 Hazard Analysis Critical Control Point (HACCP)
 - Introduction
 - Important
 - Principles and steps
- 14 Personal Hygiene & grooming
- 15 Restaurant Cleaning procedure
- 16 Food hygiene maintain on perishable and non-perishable goods
- 17 FIFO Rules
- 18 Tag System
- 19 Store (dry, frozen & cold/chiller)
- 20 Food Poisoning (Introduction, causes, symptoms & prevention)
- 21 Unit conversion
- 22 Food presentation
- 23 Meal (types, time)

- 24 Menu (definition, importance, types)
- 25 Service (definition, types)
- 26 Cover layout (types, sketch)
- 27 Service sequence
- 28 Beverage & tobacco (Introduction, Types, Service)
- 29 Forms and formats used in f &b department
- 30 Identification, types, size & uses of following
 - Furniture
 - Hollowware
 - Cutleries
 - Crockery
 - Glassware
 - Linen
- 31 Standard portion size of food and beverage
- 32 Food and beverage temperature
- 33 Garnish & accompaniment

Time: 8 hours theory + 18 hours practical = 26 hours Description:

It consists of the skills and knowledge related to performing communication skills. Under this module there are tasks related to handling, briefing and reporting skills necessary to be performed by a waiter/waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform that task.

Objectives:

After its completion the trainees will be able to:

- 1 Greet and welcome the guest.
- 2 Perform briefing.
- 3 Brief about menu.
- 4 Handle the F& B complain.
- 5 Farewell the Guest.
- 6 Communicate with coordinating department.
- 7 Perform reporting.

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 1 Greet and welcome the guest.
- 2 Perform briefing.
- 3 Brief about menu.
- 4 Handle the F& B complain.
- 5 Farewell the Guest.
- 6 Communicate with coordinating department.
- 7 Perform reporting.

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Steps	Terminal performance objective	Related technical knowledge
 Receive instruction Check and ensure the grooming standard according to establishment. Greet the guest by using suitable terminology as per time. Welcome the guest in polite language and smiling face Receive the guest and take them in their assign seat. 	Condition (Given): • Simulation condition Task (What): Greet and welcome the guest	 Terms and terminologies used for greeting and welcoming. Greeting and welcoming procedures Precaution for greeting and welcoming
Note: Each students should practice for greeting and welcoming the guest in simulation condition.	Standard (How well): Each team members should be well groomed and able to greet and welcome the guest properly.	

Required tools/equipment: Log book, pen & pencil, menu

Safety: proper & accurate information must be shared to team in order to avoid guest complaint.

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 2: Perform briefing

		al performance	Related technical knowledge
		objective	
6. Receive instruction			Briefing
7. Gather complete team briefing area	in the Conditi	<u>on (Given):</u>	IntroductionImportance
 briefing area 8. Check and ensure the standard according to establishment. 9. Inform about reservati arrival of VIPs and cu upcoming activities. 10. Inform about dish of the unavailable food and the selection of the selection	all sl all sl • Befo after rrent & me day and beverage st ations f previous et of staff for Standai Each tea should b and und	briefing <u>rd (How well):</u> um members be well groomed erstood every b perform shift	 Importance Conditions Sales report, target and progress Guest complaints and handling procedure Reservation status Maintain the log book Menu Current and up-coming activities

Required tools/equipment: Log book, pen & pencil, menu

Safety: proper & accurate information must be shared to team in order to avoid guest complaint.

Task	3:	Brief	about	menu
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Steps		Terminal performance	R	Related technical knowledge
		objective		
1.	Receive instruction			
2.	Collect & gather the menu.	Condition (Given) :		Menu
3.	Read, understand & confirm	• In the restaurant	•	Introduction
	them well from chef.	• Team gathered in	•	Types
4.		briefing	•	Meal characteristic
	day.	• Special and newly	•	Menu construction
5.	Brief about characteristic,	prepared menu for	•	Following precaution
	accompaniment of the dish as	occasion / event		
-	well.			
6.	Brief about critical, non-			
7	available dish for the day	Task (What):		
7.	1	Brief about menu		
0	schemes related to the menu.			
8.	Ask question & follow up for			
0	understanding. Keep records.	Standard (How well):		
9.	Reep records.			
		• Every member of		
N	ote: Each students should brief	team knows about		
	out the menu in simulation	menu.		
	ndition.	• Able to understand		
	namon.	and brief well about		
		the menu.		

Required tools/equipment: menu, log book, pen.

Safety: Be aware the allergic effect of foods.

Time: 6 hrs Theory: 1 hrs Practical: 5 hrs

Task 4: Handle the F& B complain

Task 4: Handle the F& B complain	T i i i	
Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Listen to the guest carefully & attentively. Do not attempt to interrupt & excuse. Note down the complain to show the courtesy including guest name & contact number Apologize to the guest for mistake which had happened. Show concerned & Never blamed to others. Look & search for solution & by taking ownership. Satisfy the guest & add value. Follow up the guest. Thanks to the guest for giving an opportunity to improve our service Note: Each students should practice for complain handling in simulation condition. 	Condition (Given): Restaurant situation with guest and waiter/ess Task (What): Handle the F&B complain Standard (How well): • Followed the steps properly. • Satisfied guest	 Handle the f & b complain: Introduction Importance Types and nature of complains Knowledge about product & Self confident Process of complain handling Types of costumer and complain.

Required tools/equipment: Pen, note pad.

Safety: Don't take any liability if guest try to complain about food borne illness, food allergy.

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 5: Farewell the guest

	Steps	Terminal performance	Related technical knowledge
		objective	
1.	Receive instruction		• Terms and terminologies
2.	Check and ensure the grooming	Condition (Given) :	used for Farewell.
	standard according to	• Simulation condition	Farewell procedures
	establishment.		Precaution for farewell
3.	Farewell the guest by using	Task (What):	
	suitable terminology as per time.		
4.	Ask for feedback.	Farewell the guest	
5.	Assist the guest to leave the		
	chair and collect their personal		
	belonging.	Standard (How well):	
6.	Request them to come again and	Farewell the guest	
	again.	properly.	
No	te: Each students should practice		
for	farewell the guest in simulation		
cor	ndition.		

Required tools/equipment: Log book, pen & pencil, menu

Safety: proper & accurate information must be shared to team in order to avoid guest complaint.

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 6: Communicate with coordinating department

	Steps	Terminal performance	Related technical
	Steps	objective	knowledge
1	Receive complete instruction	00,000,00	
2.	· · · · · · · · · · · · · · · ·	Condition (Given):	Communicate with
	feedback of the hotel or restaurant.	Hotel restaurant with	coordinating department
3.		internal coordinating	• Introduction.
	unavailable dishes and special dish	department	 Orientation &
	of a day.	1	guidance of internal &
4.	Lost & found must be properly		external depart.
	documented then deposit to security		Good communication
	office or lost and found section.		skill
5.	Any accident & injuries incident		• Log book writing skill.
	should be documented & informed	Task (What):	• Confident.
	to company's doctor.	Communicate with	• Log book maintain.
6.	Any Violence issue, Fire &	internal coordinating	• Keep records in file.
	emergency incident should be	department	
	properly documented & informed to		
7	security office.		
/.	Issue about foreign currency	Standard (Haw well).	
	exchange should be documented & also informed to account	 <u>Standard (How well):</u> Communicated & 	
	department	• Communicated & responded on time.	
8	Audio visual, projector, sound &	 Coordinated with 	
0.	eclectic issues should be informed	• Coordinated with respected on time as	
	to engineering department.	required.	
9.	Dusting, cleaning issues are to be	 Properly documented 	
	communicated with housekeeping	Mentioning with	
	department.	name, time &	
10	Attain short briefing at closing	department.	
	time.	 Performed formally 	
11	. Communicate with store for	with good manner.	
	requisition issues and inventory.		
12	. Communicate & share to team		
	though restaurant log book & notice		
	board if applicable.		
13	. Keep records in file.		
		l	

Required tools/equipment: - pen, writing pad, computer& telephone.

Safety:- Coordination should be done on time with concern person Or as soon as possible to the related department .

Time: 6 hrs Theory: 2 hrs Practical: 4 hrs

Task 7: Perform Reporting

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction. Collect and prepare the reporting 	Condition (Given):	 <u>Perform Reporting</u> Introduction
documents.3. Ensure the reports are accurate	In the Hotel or Restaurant	Type of reportingReason why!
 and correct in order. 4. Take permission or approve the report from senior staff or manager. 	Unexpected & unusual incident occurs.	 Accurate & correct documents. Concern person & department.
5. Compile and separate the report as per reporting person, type and time.	Task (What): Perform Reporting	 Fill the forms & format. Follow up with
6. Highlight the valid reason7. If necessary ,fill the forms and format	• Reported accurate and correct in format.	concern person or department.
 Beliver the report on time. Follow up with concern person and department. 	 Reported on time & well documented Delivered in concern 	
10. Keep record	person or department.	

Required tools/equipment: log book, pen, pencil, computer, reporting forms and format

Safety: Need to keep secret if reports are confidential-report.

Time: 6 hours theory + 22 hours practical = 28 hours Description:

It consists of the skills and knowledge related to perform Mise-en-séance & Mise-en-place activities. Under this module there are tasks related to preparing Mise-en-séance & Mise-en-place necessary to be performed by a waiter or waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform the task.

Objectives:

After its completion the trainees will be able:

- 1 Keep the room well ventilated.
- 2 Check Electric appliances.
- 3 Check wash rooms and public areas.
- 4 Perform dusting.
- 5 Clean & arrange table and chairs.
- 6 Wipe Service Equipment.
- 7 Change F & B Soiled Linen.
- 8 Check/ Refill cruet set & Condiments.
- 9 Clean Menu/Bill Folder.
- 10 Prepare Side Stations.

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 1 Keep the room well ventilated
- 2 Check Electric appliances
- 3 Check wash rooms and public areas
- 4 Perform dusting
- 5 Clean & arrange table and chairs
- 6 Wipe Service Equipment
- 7 Change F & B Soiled Linen
- 8 Check/ Refill cruet set & Condiments
- 9 Clean Menu/Bill Folder
- 10 Prepare Side Stations

Time: 1½ hrs Theory: ½ hrs Practical: 1 hrs

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Open curtains Turn on the A/C, Fans Open windows and ventilations Check the digital indicators Ensure that equipment are well functioned. 	 <u>Condition (Given):</u> Keeping the Restaurant or Bar well ventilated before operation. <u>Task (What):</u> Keep the room well ventilated <u>Standard (How well):</u> Fresh and clean environment Odorless and dust free Comfortable environment 	 Introduction Importance Precautions measures of electrical appliances

Required tools/equipment: Remote Controller

Safety: Technical knowledge & precaution.

Time: 1½ hrs Theory: ½ hrs Practical: 1hrs

Task 2:	Check	electrical	appliances
I ash 2.	Cheek	ciccuitcai	appnances

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Ensure all the available electric appliances are visible and clean No breakages, no damages Switch on the electrical appliances make sure it is functioning well Inform engineering department in case of any faulty appliances Prepare work order form accordingly Mention in the log book or communication book Follow up Keep records 	Condition (Given): Checking electrical appliances before/during operations in the restaurant or bar Task (What): • Check electrical appliances Standard (How well): • All the electrical appliances are well functioning	 Identification Types of electrical appliances Skills Communications Following precautions Preparing work order form Fill up forms and format

Required tools/equipment: check list, pen, note book. **Safety: -** Strictly followed safety and security procedures

Time: 1½ hrs Theory: ½ hrs Practical: 1 hrs

Task 3:	Check the	washroom	and	public area
Lask J.	CHECK III	, washi oom	anu	public al ca

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Collect cleaning checklist Check the timetable of the cleaning schedule Turn on lights of washroom, veranda, and other public areas Check tap, commode and other electrical appliance make sure it is functioning Placed hand towel, soap & toilet papers are in the washrooms Check surroundings of the restaurant and make sure the environment is clean & tidy. Inform housekeeping if the place need to be cleaned Inform maintenance department if any maintenance is required Fill the forms and format Follow up Indicate & mention in the cleaning checklist 	 Condition (Given): In the restaurant: check washroom and public areas before and during operations. Task (What): Check the washroom/ public area Standard (How well): Wash room are clean, dry and free of smells & germs and well decorated Veranda is clean and table chairs are properly arranged Electrical appliances are well functioned Documented 	 Identification Importance Visibility Communication skills Knowledge of hygiene and sanitation Knowledge of electrical functioning Following precautions Documentation.

Required tools/equipment: Checklist, pen, notebook

Safety: Measured hygiene and sanitation

Time: 2½ hrs Theory: ½ hrs Practical: 2 hrs

Task 4: Perform dusting

Steps	Terminal performance	Related technical
	objective	knowledge
 Receive complete instruction Collect cleaning agents and equipment Followed the safety precaution Dust in proper manner i.e. clockwise or anticlockwise Dust in the electrical appliances, windows, walls. Doors, chairs, tables, surface etc. Ensure all the restaurant areas are well dusted Use proper cleaning agents to clean area and different decorative items Arranged the equipments in proper place Make sure the area is properly cleaned If found any damages or disorder of equipments to be informed the maintenance department 	 <u>Condition (Given):</u> Perform dusting before operating the restaurant <u>Task (What):</u> Perform dusting <u>Standard (How well):</u> No visible dust while touching the surface, electrical appliances, walls, doors, curtains, tables and chairs etc No maintenance issues All the tools and equipments are arranged properly 	 Identifications Importance Uses of cleaning agents and equipment Knowledge of different cleaning agents and equipment Knowledge of cleaning procedure Following precautions

Required tools/equipment: cleaning agents, duster, brush

Safety: Dust the decorative that they don't fall or get damaged by any way, working safety

Time: 2½ hrs Theory: ½ hrs Practical: 2 hrs

Task 5: Clean and arrange table and chairs

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Collect cleaning agents and equipment Arrange the tables and chairs properly Ensure that all chairs& tables in parallel & straight in line Follow the precaution 	 <u>Condition (Given):</u> The task of cleaning table and chairs in the restaurant <u>Task (What):</u> Clean table and chairs 	 Importance Knowledge of cleaning procedure Cleaning agents & material Following precautions Follow the safety and security procedures
 5. Follow the precedulon measures 6. Spray cleaning agents 7. Wipe surface of table & chairs in circular manner 8. Ensure all the table and chairs are in good conditions 9. Wipe chairs using by particular cloth 10. If found any damage inform to the maintenance 11. Keep records 	 Clean table and chairs Standard (How well): No dust seen in table and chairs No any spots seen in table and chairs Dust free tables and chairs are well functioning and shining 	

Required tools/equipment: duster, spray

Safety: - Follow the safety principles that while lifting knee bend and back straight

Time: 5½ hrs Theory: ½ hrs Practical: 5 hrs

Task 6: Wipe service equipment

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction collect hot water, vinegar or lemon juice and make a solution of it so that it will help to kill the germs and bacteria Ensure level tag are removed properly before wiping. Dip cutleries in the water solutions at least of a minute Dip glassware into the hot water solutions and ensure the steams are spread around the whole glasses Use the particular wiping clothes for cutleries and crockery Use lint free wiping clothe for glassware Check and ensure spotless odorless service equipment Store it properly 	 Condition (Given): Wiping service equipment in the restaurant and bar Task (What): Wipe service equipment Standard (How well): The equipment are shiny without any fingerprints or watermarks The equipment are free from germs and smell 	 Identification Importance Types of equipment Temperature Knowledge & skill of how to wipe the equipment Following precautions

Required tools/equipment: Crockery, cutlery, glass ware, Vinegar & lemon, water

Safety: Ensure followed precaution measures while wiping the equipment

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 7: Exchange soiled linen

	Steps	Terminal performance objective	Related technical knowledge
1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Receive complete instruction Check and collect soiled linens Segregate the linens and put linens into the linen trolley properly Make a count accurately. Fill up the linen exchange book accordingly Deposit in the housekeeping or linen exchange room Collect fresh linen Count the fresh linen and listed on note book or linen book Store it in the restaurant pantry Keeps records	 <u>Condition (Given):</u> Changing soiled linen in the restaurant and bar <u>Task (What):</u> Change soiled linen <u>Standard (How well):</u> Linen are fresh, clean and no wrinkle seen No damages No torn 	 Importance Uses of linen Procedure of changing linen Handling skill Knowledge on hygiene Following precaution documentation

Required tools/equipment: Pen, note book, form and format, linens

Safety: following precautions

Time: 2 ½ hrs Theory: ½ hrs Practical: 2 hrs

Task 8: Check/ Refill cruet set and condiments

	Steps	Terminal performance objective	Related technical knowledge
 2. 3. 4. 	Receive complete instruction Collect cruet sets and condiment bottles/dishes Wipe it by using of wiping clothes and if required wash it properly Make it dry and make sure the cruet sets & condiments bottles are clean and good conditions Ensure add some amount of dry rice while filling cruet-	 <u>Condition (Given):</u> checking/ refilling cruet sets and condiment bottles before the Restaurant operations <u>Task (What):</u> Check/ refill cruet set and condiments <u>Standard (How well):</u> 	 Identify Process Importance Quantity Following precaution
7.	set Ensure condiments bottles has lid or cover Check for refilling if required open the cruet set and refill the proper cruet with salt and pepper/ condiments bottle with condiments. Place it properly on the table	 Cruet set are clean free of dust and stains. The neck and inside of bottle cap are clean Cruet sets are filled up with salt and pepper. 	

Required tools/equipment:- cruet sets, condiments bottle, spoon, wiping cloth etc **Safety:** Use safety & proper refilling methods to avoid breakages.

Time: 2½ hrs Theory: ½ hrs Practical: 2 hrs

Task 9: Clean menu and bill folder

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Collect menu & bill folder Collect duster & cleaning materials Apply gently Check every sheet of menu cards Replace menu/bill card if it is torn Use proper wiping clothes to wipe folder Ensure that no damage & looking in good condition Use disinfectant if possible Store it properly 	 <u>Condition (Given):</u> clean menu and bill folder in restaurant and bar <u>Task (What):</u> Clean menu and bill folder Standard (How well): The menu/ bill folder are clean and free of any stains and dust Hotel Or restaurant logos are visible Menu folders are compiled properly 	 Identification Importance Checking menu for tears Cleaning and dusting procedures Uses of disinfectant Following precautions

Required tools/equipment: Menu folders, bill folders, duster, disinfectant, Collin etc.

Safety: Apply &Use proper cleaning methods so it does not get damaged.

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 10: Prepare side stations

Steps	Terminal performance	Related technical knowledge
	objective	
 Receive complete inst Empty the side station Collect duster, cleanin agents and equipment clean thoroughly 	g • Prepare side	 Introduction importance Types of service equipment Cleaning procedure
4. Check the side station make sure it is well conditioned.	and Task (What):	 Knowledge of handling service equipment Following precaution
5. Use & apply proper cl agents and equipment clean it	eaning • Prepare side	o. Tonowing precution
6. Make sure it is dry be placing the service too equipment		
7. Collect and place all the wiped cutleries, crock condiments bottles accordingly.	e are in proper place	
8. Place all the necessary required at the time of set up	items surroundings are	
9. Properly place all the equipment in their response shelves		
10. Place condiments bott top	es on	
11. Store all the items pro at their particular plac	•	

Required tools/equipment: - Cutleries, crockery, condiments bottles, water pitchers, menu folders, Ashtray, Budvase, Cruet sets (ABC), tooth pick, bread Basket, Napkin/tissue paper etc.

Safety: Handle with care while using service equipment

Module 4: Cover Layout and Napkins Folding

Time: 8 hours theory + 40 hours practical = 48 hours

Description:

It consists of the skills and knowledge related to perform Cover Layout and Napkins Folding activities. Under this module there are tasks related to prepare Cover Layout and Napkins Folding necessary to be performed by a waiter or waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform that very task.

Objectives:

After its completion the trainees will be able:

- 1 Layout Table for Nepali Breakfast
- 2 Layout table for Al A Carte
- 3 Layout table for table d hote'
- 4 Layout Table for American breakfast
- 5 Layout table for continental breakfast
- 6 Layout table for English breakfast
- 7 Layout table for Indian breakfast
- 8 Fold Napkin in Nepali cap/bishop style
- 9 Fold Napkin in Tajmahal Style
- 10 Fold Napkin in Fan Style
- 11 Fold Napkin in Candle Style
- 12 Fold Napkin in boat style
- 13 Fold Napkin in Jacket Style
- 14 Fold Napkin in Rose Style
- 15 Fold Napkin in funnel style
- 16 Fold Napkin in pocket Style
- 17 Fold Napkin in star Style
- 18 Fold Napkin in Lotus Style

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 1 Layout Table for Nepali Breakfast
- 2 Layout for Al A Carte
- 3 Layout table for table d hote'
- 4 Layout Table for American breakfast
- 5 Layout table for continental breakfast
- 6 Layout table for English breakfast
- 7 Layout table for Indian breakfast
- 8 Fold Napkin in Nepali cap/bishop style
- 9 Fold Napkin in Tajmahal Style
- 10 Fold Napkin in Fan Style
- 11 Fold Napkin in Candle Style
- 12 Fold Napkin in boat style
- 13 Fold Napkin in Jacket Style
- 14 Fold Napkin in Rose Style
- 15 Fold Napkin in funnel style

16 Fold Napkin in pocket Style17 Fold Napkin in star Style18 Fold Napkin in Lotus Style

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 1: Layout table for Nepali breakfast

Steps	Terminal performance	Related technical
	objective	knowledge
1. Receive instruction		Cover lay out for Nepali
2. Lay the multon on the table.	Condition (Given) :	<u>Breakfast</u>
3. Lay the table cloth by ensuring	Fully equipped	• Introduction to Nepali
equally fall in all side of the table.	restaurant.	Breakfast
4. Lay the top table on it.		Concept of working
5. Collect the center piece [i.e. A-astray,		safety
B-budvase, C - cruet sets] place them	Task (What):	• Identification of F& B
on the center of table.	• Lay table for Nepali	tools and equipment,
6. Ensure the table and chair positions	breakfast	linens etc.
are accurate.		• Guideline of handling
7. Stand behind the chair and place the side plate in center of cover just to get		F& B tools and
right judgment of cover size.	Standard (Haw well).	equipment.
8. Place AP fork on the left side of the	Standard (How well):	
cover	• Follow up the stops	
9. Place AP knife on the right side of the	Follow up the steps.Uniformity and	
cover then AP spoon.	• Onnormity and presentable of cover	
10. Now, remove the side plate from	presentable of cover	
center of cover and place at left side		
of cover.		
11. Put the butter knife / spreader on the		
top of side plate.		
12. Fold the napkin and place in the		
center of cover.		
13. Place water goblet just above the tip		
of AP knife		
14. Place juice glass right to water goblet		
15. Place the preservatives in the center		
of table.		
16. Ensure all plates and cutleries are		
place accurate or approximately two		
inches/ two fingers above from the		
table edge.		

Required tools/equipment: Center pieces, napkin, side plate, AP spoon, AP knife, AP fork, tea/coffee cup, tea spoon, water goblet, juice glass, tea pot, coffee pot, milk pot, Preservatives dishes.

Safety: working safety

Time: 6 hrs Theory: 1 hrs Practical: 5 hrs

Task 2: Layout table for A la carte

ormance Related technical
e knowledge
Cover Layout for a la
<u>ren):</u> <u>carte</u>
Hygienic • Introduction to A la t with Carte cover
ed • Concept of working
safety
• Identification of F& B
tools and equipment,
linens etc.
e for A la • Guideline of handling
F& B tools and
equipment.
Cover layout process
v well):
ne steps.
and
of cover

Required tools/equipment: center pieces, napkin, side plate, AP spoon, AP knife, AP fork, water goblet, dessert spoon, dessert fork, steak knife, joint knife, joint fork, fish knife, fish fork. **Safety:** working safety

Note: Other required cutleries are placed in cover as per guest order and need.

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 3: Layout table for Table d' Hote

Steps	Terminal performance	Related technical
l sichs	objective	knowledge
1. Receive instruction	objective	Cover Layout
 Receive instruction Lay the multon on the table. 	Condition (Given) :	table for Table
 Lay the function on the table. Lay the table cloth by ensuring equally fall in all 	<u>Condition (Given):</u>	d' hote
side of the table.	Pleasing & Hygienic	• Introduction
4. Lay the top table on it.	environment with	• Introduction to Table
 Lay the top table on it. Collect the center piece [i.e. A-astray, B-budvase, 	well-equipped	
C - cruet sets] place them on the center of table.	restaurant	d'hote cover
-	restaurant	• Concept of
6. Ensure the table and chair positions are accurate.7. Stand behind the chair and place the side plate in		working
1 1	Teals (What).	safety
center of cover just to get right judgment of cover size.	Task (What):	• Identification
	I awayt table for table	of cutleries
8. Place AP fork and joint fork on the left side of the	Layout table for table d'hote	and crockery
cover 0 Place AP knife on the right side of the cover by	u note	• Guide line of
9. Place AP knife on the right side of the cover by facing blade toward cover.		handling
10. Place soup spoon at right side of cover by	Standard (How well).	service tools
	Standard (How well):	and
following inward to cover (the left side of AP knife).	• Follow up the	equipment
11. Place dessert spoon on the top of cover point toward to fork.	steps.	
	• Uniformity and	
12. Place dessert fork on the top of cover point toward to knife.	presentable of	
	cover	
13. Now, remove the side plate from center of cover		
and place in left side of cover.		
14. Put the butter knife / spreader on the top of side		
plate.		
15. Fold the napkin and place in the center of cover.		
16. Place water goblet just above the tip of AP knife		
17. Ensure all plates and cutleries are place accurate		
or approximately two inches/ two fingers above		
from the table edge.		

Required tools/equipment: center pieces, napkin, side plate, AP spoon, AP knife, AP fork, water goblet, dessert spoon, dessert fork, fish knife, fish fork, soup spoon, Joint Knife, Joint Fork, Steak Knife, cruet sets, etc

Safety: working safety

Note: Cutleries are placed or vary as per the number of food courses and nature of dishes being served.

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 4: Layout table for American breakfast

	Steps	Terminal performance	Related technical
	I	objective	knowledge
1.	Receive instruction		Cover Layout table for
2.	Lay the molten on the table.	Condition (Given):	American breakfast
3.	Lay the table cloth by ensuring equally		Introduction to
	fall in all side of the table.	• Pleasing &	American Breakfast
4.	Lay the top table on it.	Hygienic	and breakfast food
5.	Collect the center piece [i.e. A-astray,	environment with	items
	B-budvase, C - cruet sets] place them	well-equipped	Concept of working
	on the center of table.	restaurant	safety
6.	Ensure the table and chair positions		• Identification of
	are accurate.	Task (What):	cutleries and crockery
7.	Stand behind the chair and place the		• Guide line of
	side plate in center of cover just to get	• Layout table for	handling service tools
	right judgment of cover size.	American breakfast	and equipment
8.	Place AP fork on the left side of the		
	cover		
9.	Place AP knife on the right side of the	Standard (How well):	
	cover.	• Follow up the steps.	
10	. Now, remove the side plate from	• Uniformity and	
	center of cover and place at left side of	presentable of	
1.1	cover.	cover	
11	. Put the butter knife / spreader on the		
10	top of side plate.		
12	Fold the napkin and place in the center		
12	of cover.		
13	. Place water goblet just above the tip of AP knife.		
14			
14	. Place tea/coffee cup at the right of cover		
15	. Place the preservatives in the center of		
15	table.		
16	. Ensure all plates and cutleries are		
	place accurate or approximately two		
	inches/ two fingers above from the		
	table edge.		

Required tools/equipment: center pieces, napkin, side plate, AP spoon, AP knife, AP fork, tea/coffee cup, tea spoon, water goblet, juice glass, tea pot, coffee pot, milk pot, **Safety:** working safety

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 5: Layout table for Continental breakfast

Steps	Terminal performance	Related technical
- Steps	objective	knowledge
1. Receive instruction	00500000	Cover Layout table
2. Lay the multon on the table.	Condition (Given):	for Continental
3. Lay the table cloth by ensuring equally	• Pleasing & Hygienic	breakfast
fall in all side of the table.	environment with	• Introduction to
 4. Lay the top table on it. 	well-equipped	Continental
5. Collect the center piece [i.e. A-astray,	restaurant	Breakfast and
B-budvase, C - cruet sets] place them	Testaurant	breakfast food
on the center of table.	Test (What).	items
6. Ensure the table and chair positions are	Task (What):	
accurate.	• Lawout table for	• Concept of working
7. Stand behind the chair and place the	Layout table for Continental	safety
side plate in center of cover just to get	breakfast	• Identification of
right judgment of cover size.	breakrast	cutleries and
8. Place AP fork on the left side of the		crockery
cover		• Guide line of
9. Place AP knife on the right side of the	Standard (How well):	handling service
cover.	• Follow up the steps.	tools and
10. Now, remove the side plate from center	• Uniformity and	equipment
of cover and place at left side of cover.	presentable of cover	
11. Put the butter knife / spreader on the		
top of side plate.		
12. Fold the napkin and place in the center		
of cover.		
13. Place water goblet just above the tip of		
AP knife.		
14. Place tea/coffee cup at the right of		
cover		
15. Place the preservatives in the center of		
table.		
16. Ensure all plates and cutleries are place		
accurate or approximately two inches/		
two fingers above from the table edge.		
two migers above nom the table edge.		

Required tools/equipment: Center pieces, napkin, side plate, AP spoon, AP knife, AP fork, tea/coffee cup, tea spoon, water goblet, juice glass, tea pot, coffee pot, milk pot, sugar pot, sugar spoon or tong.

Safety: working safety

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 6: Layout table for English breakfast

	Task 6: Layout table for English breakfast		
Steps	Terminal	Related technical	
	performance	knowledge	
	objective		
17. Receive instruction		Cover Layout table	
18. Lay the multon on the table.	Condition (Given):	for English breakfast	
19. Lay the table cloth by ensuring equally fall in	• Pleasing &	• Introduction to	
all side of the table.	Hygienic	English Breakfast	
20. Lay the top table on it.	environment	and breakfast food	
21. Collect the center piece [i.e. A-astray, B-	with well-	items	
budvase, C - cruet sets] place them on the	equipped	Concept of	
center of table.	restaurant	working safety	
22. Ensure the table and chair positions are		Identification of	
accurate.	Task (What):	cutleries and	
23. Stand behind the chair and place the side plate		crockery	
in center of cover just to get right judgment of	• Layout table for	• Guide line of	
cover size.	English breakfast	handling service	
24. Place fish fork left of cover and fish knife right		tools and	
of the cover.		equipment	
25. Place AP fork and AP knife on the left side of	Standard (How		
the cover by following inner side of the cover.	well):		
26. Now, remove the side plate from center of	• Follow up the		
cover and place at left side of cover.	steps.		
27. Put the butter knife / spreader on the top of	• Uniformity and		
side plate.	presentable of		
28. Fold the napkin and place in the center of	cover		
cover.			
29. Place water goblet just above the tip of fish			
knife.			
30. Place tea/coffee cup at the right of cover			
31. Place juice glass on right side of water goblet.			
32. Place toast rack and butter dish just above the			
side plate.			
33. Place the preservatives dish at the right side of			
toast rack.			
34. Ensure all side plates and cutleries are place			
accurate or approximately two inches/ two			
fingers above from the table edge.			

Required tools/equipment: Center pieces, napkin, side plate, AP spon, AP knife, AP fork, tea/coffee cup, tea spoon, water goblet, juice glass, tea pot, coffee pot, milk pot, sugar pot, sugar spoon or tong.

Safety: working safety

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 7: Layout table for Indian breakfas
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Steps	Terminal performance	Related technical
	objective	knowledge
1. Receive instruction		Cover Layout table
2. Lay the molten on the table.	Condition (Given):	for Indian breakfast
 Lay the table cloth by ensuring equally fall in all side of the table. Lay the top table on it. Collect the center piece [i.e. A-astray, B- budvase, C - cruet sets] place them on the center of table. 	 Pleasing & Hygienic environment with well-equipped restaurant Task (What): 	 Introduction to Indian Breakfast and breakfast food items Concept of working safety
 6. Ensure the table and chair positions are accurate. 7. Stand behind the chair and place the side plate in center of cover just to get right judgment of cover size. 	 Task (What): Layout table for Indian breakfast 	 safety Identification of cutleries and crockery Guide line of bandling supprise
 Place AP fork on the left side of the cover 	 Standard (How well): Follow up the steps. 	handling service tools and equipment
 9. Place AP knife on the right side of the cover then AP spoon. 10. Now, remove the side plate from center of cover and place at left side of cover. 11. Put the butter knife / spreader on the top of side plate. 	 Uniformity and presentable of cover 	equipment
of side plate.12. Fold the napkin and place in the center of cover.13. Place water goblet just above the tip of		
AP knife 14. Place juice glass right to water goblet 15. Place the preservatives in the center of table.		
16. Ensure all plates and cutleries are place accurate or approximately two inches/ two fingers above from the table edge.		

Required tools/equipment: Center pieces, napkin, side plate, AP spoon, AP knife, AP fork, tea/coffee cup, tea spoon, water goblet, juice glass, tea pot, coffee pot, milk pot, Preservatives dishes.

Safety: working safety

Time: 2 hrs Theory: 1 hrs Practical: 1 hrs

Task 8: Fold napkin in bishop hat style

	Steps	Terminal performance	Related technical
		objective	knowledge
2. 3. 4. 5.	Receive instruction Lay the napkin face down Fold the napkin in half Fold the far-right corner diagonally, resting the point in the center of the side Fold the near-left corner diagonally away, resting it so that it lays right next to the previous fold. Flip the napkin over and orient it so	 <u>Condition (Given):</u> Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. 	 Fold napkin Introduction Types and size of napkin. Importance of napkin. Process of napkin folding
7. 8.	it points to the far-left and to the near-right Fold the bottom half of the napkin up and away, laying it so the far edges run on top of one other. Reach underneath of the napkin and	 Fold napkin in Bishop hat style <u>Standard (How well):</u> 	
	pull out the flap on the right, making the near-side come to two points Gently roll the left half of the left triangle over and tuck it's end underneath the right triangle. Flip the napkin over, points pointing away	 Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. 	
	 Fold the right-triangle to the left, tucking its end into the other triangle. Open up the hat and press the material inside down to fill it out so that it becomes circular, this may take a little fidgeting. 		

Required tools/equipment: napkin, Safety:

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 9: Fold napkin in Tajmahal style

Task 9: Folu hapkin in Tajmanai style	I	
Steps	Terminal performance	Related technical
	objective	knowledge
1. Receive instruction		<u>Fold napkin in</u>
2. Lay the napkin face down	Condition (Given) :	Tajmahal style
3. Fold napkin into half	• Pleasing & Hygienic	• Process
4. Bring top right and top left corner to	environment with	
the center of lower part	well-equipped	
5. Grabbing the folded top right, top	restaurant	
left, and the center of lower line pull	• Neat and clean guest	
the napkin up so that it will form a	napkin.	
square.	_	
6. Put napkin in such a way that the		
corner not having flaps is in top	Task (What):	
7. Fold fist flap corner to top corner	Fold napkin in Tajmahal	
8. Fold left corner to right corner	style	
9. Repeat process until napkin forms		
triangle		
10. Tuck in left corner to right	Standard (How well):	
11. Turn the napkin nad tuck left corner	• Followed steps	
to right	• Should be spotless	
12. Open and stand the napkin	and reasonably	
13. Pull the flaps	starched.	
	• The napkin should	
	-	
	<u> </u>	
	-	
	-	
	• The napkin should be standing and looks like cap.	

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task	10:	Fold	na	nkin	in	Fan	style
I COM	T O.	I UIU	1100	VININ	***	T COLL	SU, IC

	Steps	Terminal performance	Related technical
		objective	knowledge
1.	Receive instruction		
2.	Lay the napkin face-down	Condition (Given):	Fold napkin in fan style
3.	Fold the napkin in half	• Pleasing & Hygienic	• Process
4.	Fold the napkin with 2-3 inches	environment with well-	
	like frill by unfolding the last	equipped restaurant	
	fold.	• Neat and clean guest	
5.	Half fold the frill folded napkin	napkin.	
	by keeping unfolded part inside.		
6.	Hold the joining point of frill	<u>Task (What):</u>	
	folded napkin and fold	• Fold napkin in Fan style	
	triangularly, tucking point	1 5	
	inside.	Standard (How well):	
7.	Open it and stand it up	• Followed steps	
		• Should be spotless and	
		reasonably starched.	
		• The napkin should be	
		standing and looks like	
		cap.	
		The napkin should be	
		• The hapkin should be standing with four flaps	
		on each sides	
		on each sides	

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 11:	Fold	nankin	in	Candle style
Iask II.	I UIU	паркш	111	Canale Style

objective	knowledge
	0
 Condition (Given): Pleasing & Hygienic environment with well-equipped restaurant Neat and clean guest napkin. Cask (What): Fold napkin in Candle style tandard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	Fold napkin in Candle style • Process
	Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. isk (What): Fold napkin in Candle style andard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 12: Fold napkin in Boat style

Steps	Terminal performance objective	Related technical knowledge
 Receive instruction Lay the napkin face down Fold the napkin in half Fold the top right corner down toward the center Take the bottom right corner and fold it toward left corner Fold the top corner down to the right Pick the bottom half and fold it upwards approx. 2 inches Fold the bottom half from another side and stand it up 	 Condition (Given): Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. Task (What): Fold napkin in sailboat style Standard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	Fold napkin in Candle style • Process

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Tool	12.	Fald		:	to alrat strila
1 ask	13:	roiu	паркш	111	jacket style

Steps	Terminal performance	Related technical
	objective	knowledge
		<u>Fold napkin in jacket</u>
 Receive instruction Fold the napkin in half to make a triangle Fold the top edge back 2cm in half moon shape. Turn back the napkin. Pull the top left and right corners down to the bottom center, creating an overlap Fold the left and right corners into the center, creating an ice cream shape 	 <u>Condition (Given):</u> Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. <u>Task (What):</u> Fold the napkin in jacket style <u>Standard (How well):</u> 	<u> </u>
 cone 7. Fold the bottom half way up 8. Fold the napkin back over. The napkin should sit up off the table. 	 Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 14: Fold napkin in rose style

Steps	Terminal performance	Related technical
	objective	knowledge
1.Receive instruction	Condition (Civon):	Fold napkin in rose
 lay the napkin face down fold napkin diagonally to form triangle with the point facing upward, roll the napkin just over half way to the point 	 Condition (Given): Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. 	 style Process
 flip over the napkin so the fold is in bottom starting from left, fold over the 	<u>Task (What):</u>Fold napkin in rose style	
 starting from left, fold over the end about an inch and continue to fold until reaching another point tuck the right hand point to the pocket fold down the flaps at the napkin to form petals turn over the napkin 9. 	 Standard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 15:	Fold	nankin	in Fun	nel style
1 ask 13.	roiu	паркш	mrun	lifer style

Steps	Terminal performance	Related technical
	objective	knowledge
 Receive instruction Lay the napkin face down Fold napkin to half Pull the top right corner to the center line Roll the napkin to the center line Fold the remaining triangular part to the roll Tuck in the flap Fold the remaining flap outside and make the napkin stand. Place at center of cover 	 Condition (Given): Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. Task (What): Fold napkin in funnel style Standard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	Fold napkin in Funnel style • Process

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 16: Fold napkin in star style

Steps	Terminal performance	Related technical
L	objective	knowledge
 Receive instruction Lay napkin facing down Fold napkin into half Make crease and open the napkin Take the lower right hand corner to the left, folding from the top right hand corner, and rest it in the crease Fold the bottom edges up at the point where the lower right hand corner and upper corner forms an equilateral triangle Fold the lower left hand corner across to form the equilateral triangle Fold the top left hand corner across the centre of the right hand side Fold the point backward to form a pleat Repeat step 9 for all other corners To lock lift the corner of the last folds and tucks it under the folded edges. Place at center of cover 	 Condition (Given): Pleasing & Hygienic environment with well- equipped restaurant Neat and clean guest napkin. Task (What): Fold napkin in star style Standard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	Fold napkin in star style • Process

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 17: Fold napkin in pocket style

Steps	Terminal performance	Related technical
	objective	knowledge
1. Receive instruction		Fold napkin in pocket
2. Lay napkin facing down	Condition (Given) :	<u>style</u>
3. Fold napkin into half		Process
4. Fold napkin into half across	• Pleasing & Hygienic	
to form square	environment with well-	
5. Place the folded side down	equipped restaurant	
so it does not have openings	• Neat and clean guest	
6. Fold top right corner inside	napkin.	
to form a diagonal	-	
7. Fold second top right corner	<u>Task (What):</u>	
just 1 cm above of previous	• Fold napkin in pocket	
diagonal	style	
8. Flip napkin over	5	
9. Fold the left side of napkin	Standard (How well):	
around $1/3$ of the square	• Followed steps	
10. Fold right side and tuck it in	• Should be spotless and	
the diagonally folded part	reasonably starched.	
11. Flip napkin and place at	 The napkin should be 	
center of cover	standing and looks like	
	_	
	cap. • The perkin should be	
	• The napkin should be	
	standing with four flaps	
	on each sides	

Required tools/equipment: napkin

Time: 1 hrs Theory: 0 hrs Practical: 1 hrs

Task 18:	Fold	napkin	in]	lotus	stvle
Task IO.	I UIU	maphin		locus	BUJIC

Steps	Terminal performance	Related technical
	objective	knowledge
		Fold napkin in lotus style
 Receive instruction Fold all four corners to 	<u>Condition (Given):</u>Pleasing & Hygienic	Process
center creating a square	environment with well-	
3. Flip the napkin over, and fold the corners to meet at	equipped restaurantNeat and clean guest	
the center4. Press down on the center of	napkin.	
napkin with finger, reach underneath and pull up the	<u>Task (What):</u>	
flap at each corner to create lotus petals.	• Fold napkin in lotus style	
5. Place at center of cover.	 Standard (How well): Followed steps Should be spotless and reasonably starched. The napkin should be standing and looks like cap. The napkin should be standing with four flaps on each sides 	

Required tools/equipment: napkin

Time: 4 hours theory + 14 hours practical = 18 hours

Description:

It consists of the knowledge and skills related to perform Hosting & Order Taking activities. Under this module there are tasks related to performing Hosting & Order Taking necessary to be performed by a waiter or waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform that task.

Objectives:

After its completion the trainees will be able:

- 1 Receive/allocate reservation
- 2 Welcome guest
- 3 Confirm reservation
- 4 Perform Escorting
- 5 Present menu to the guest
- 6 Prepare KoT/ BoT
- 7 Receive B & F order
- 8 Follow up order

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 1 Receive/allocate reservation
- 2 Welcome guest
- 3 Confirm reservation
- 4 Perform Escorting
- 5 Present menu to the guest
- 6 Prepare KoT/ BoT
- 7 Receive B & F order
- 8 Follow up order

Time: 2¹/₂ hrs Theory: ½ hrs Practical: 2 hrs

Task 1: Receive Reservation

Steps	Terminal performance	Related technical
	objective	knowledge
Steps Note down the name, address, and contact number of the guest. Note down the day and date of reservation, required no. of covers, special order of foods, time of arrival, any special requests or arrangement. File the reservation form and inform the staffs for proper preparation Confirm reservation table after certain advance payment. Place the reserved card on the table booked for that particular time.	objectiveCondition (Given):Host desk and restaurantshould be well setTask (What):Perform receive reservationStandard (How well):• Follow the steps properly and perfectly• Follow the steps properly and perfectly• Correctly note down the name, contact number, date & day of	
	 Giver first priority to the special food orders and 	cuisine, special request or arrangements
	 special requests or arrangements according to special occasions Satisfied guest 	

Required tools/equipment: Telephone, Reservation Form, Pen, reservation logbook, reservation tag or card

Time: 2 hrs Theory: ½ hrs Practical: 1½ hrs

Task 2: Welcome Guest

Steps	Terminal performance objective	Related technical knowledge
 Approach the arriving guest Greet the guest according to the time of the day with smile Give priority to female guest Help guest with their belongings such as bag, coat, raincoat, umbrella etc. 	 Condition (Given): Well set entry area and restaurant Task (What): Welcome the guest Standard (How well): Follow the steps of welcoming guest properly Greeting according to the time of the day Greeting with a smile and pleasing face. Make sure guest is comfort 	 Welcoming Guest Hospitality manner While greeting words such as good morning, good afternoon, good evening should be used. Things to be taken care while guest service Safety and precautions while guest service

Required tools/equipment:

Safety: dry floor, clean and tidy environment of entry area as well as restaurant area.

Time: 1½ hrs Theory: ½ hrs Practical: 1 hrs

Task 3: Confirm Reservation

	T 1 6	
Steps	Terminal performance	Related technical knowledge
	objective	
	<u>_</u>	Reservation
	Condition (Given):	 Hospitality manners
1. Receive instruction		• While confirming
2. Welcome the guest, he/she	Well set host desk and	reservation phrase such as
should confirm the guest	restaurant	-
e	Testaurant	Do you have a table
using do you have any table		reservation? Should be
reservation?	Task (What):	used.
3. Check in check book the		• Steps of confirming
reservation status and	Confirm reservation	1 0
	Comminieservation	reservation
checklist whether the guest		
name is listed or not.		
4. Check the guest details	Standard (How well):	
5. Match the details		
6. Confirm the desired table.	• Properly checking the	
	reservation checklist	
	and status that are	
	made by guests	
	• There should not be	
	any confusion	
	-	
	• Guest must be seated	
	on the reserved table	
		1

Required tools/equipment: Reservation logbook, guest ID card, pen

Time: 1½ hrs Theory: ½ hrs Practical: 1 hrs

Task 4: Perform escorting

nowledge	Related technical kno	Terminal performance objective		teps	S	
	Fecorting	objective				
ble as per nade. g guest to	 Escorting Hospitality manners Preparing the table the reservation mad Steps of escorting g their table Safety and precaution escorting guest 	<u>Condition (Given):</u> Well set restaurant <u>Task (What):</u> Perform Escorting <u>Standard (How well):</u>	W T Pe	to the guest with there is any on of guest. e that the table for is ready. e guest to the table of available	curtsey. Ensure if reservation Make sur the guest Escort the	2. 3.
		 Follow the steps properly and perfectly In case of reserved table, table must be ready prior to the service and arrival of guest. Satisfied guest 	•			
		guest.	•			

Required tools/equipment:

Safety: maintain approx 3" 3' distance from guest while escorting so that there will be very less chance of guest being touched

Time: 1 hrs Theory: ½ hrs Practical: ½ hrs

Task 5: Prepare KOT/BOT

Steps	Terminal performance objective	Related technical knowledge
 Collect all KOT/BOT Prepare all the carbon copies in all the KOT/BOT before the guest service properly Make sure every things is clean and pen is properly working. 	 <u>Condition (Given):</u> Well set side station or dummy waiter <u>Task (What):</u> Prepare KOT/BOT <u>Standard (How well):</u> Follow the steps properly and perfectly Properly managed carbon copies in all KOT/BOT 	 KOT/BOT Preparation Hospitality manners Introduction of KOT/BOT Importance Steps of preparing KOT ,BOT

Required tools/equipment: KOT/BOT, Carbon copies, pen **Safety:**

Time: 2½ hrs Theory: ½ hrs Practical: 2 hrs

Steps	Terminal performance objective	Related technical knowledge
 Make sure all the menus are ready and presentable Approach to the guest from right side by unfolding menu Present individual menu card. (ladies first) In case of wine or beverage menu, present menu only to the host 	 <u>Condition (Given):</u> Well set restaurant <u>Task (What):</u> Present Menu to the guest <u>Standard (How well):</u> Followed the steps Attractive and clean menu card 	 Menu Presentation Hospitality manners General concept of menu Types of menu and its presenting time Attractiveness of menu cards Food knowledge Cleaning menu Menu presenting procedure

Required tools/equipment: Menu card

Time: 3 hrs Theory: ½ hrs Practical: 2½ hrs

Task 7: Receive B & F order

	T : 1 (
Steps	Terminal performance objective	Related technical knowledge
 Allow the guests to read the menu and then taking orders by the use of BOT for beverage and KOT for kitchen orders Repeat the orders made by guest for conformation Dispatch all the to the respective departments Ensure and mention if there is any food allergy 	 <u>Condition (Given):</u> Well set restaurant <u>Task (What):</u> Receive food & beverage orders <u>Standard (How well):</u> Follow the steps Quantity and seat number should be clearly mentioned Name of the dish should be mentioned clearly 	 <u>B & F order receiving</u> Hospitality manners Steps of receiving order Things to be taken care while filling the KOT/BOT Quantity and seat number should be known

Required tools/equipment: KOT, BOT, Pen

Safety: never forget to mention the food allergy

Time: 2 hrs Theory: ½ hrs Practical: 1½ hrs

Steps	Terminal performance objective	Related technical knowledge
 Check the kitchen regarding the kitchen orders made and with the bar about the beverage orders made Prepare for service if the beverage orders are ready Prepare for service if the kitchen orders are ready after the service of beverage 	<u>Condition (Given):</u> Well-equipped kitchen, restaurant and bar <u>Task (What):</u> Follow up with the orders made by guest	 Follow up Introduction of order following Types of cuisine, meal etc Rules & regulations about guest service Things to be taken care while following up the orders
	 Standard (How well): Follow the steps Follow up should be made promptly after dispatching of beverage and food orders Ensure the entire ordered product or services are consumed. 	

Required tools/equipment: Telephone

Module 6: Food and Beverage Service

Time: 14 hours theory + 56 hours practical = 70 hours

Description:

It consists of the skills and knowledge related to perform Food and Beverage Service. Under this module there are tasks related to perform Food and Beverage Service necessary to be performed by a waiter or waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform the task.

Objectives:

After its completion the trainees will be able:

- 1 Serve Water
- 2 Serve Tea/Coffee
- 3 Serve Soft Drinks
- 4 Serve Beer
- 5 Serve Wine
- 6 Serve distilled alcoholic beverage
- 7 Serve Nepali Traditional Alcoholic Beverage
- 8 Serve food in Nepali style
- 9 Serve food in pre plated style
- 10 Serve food in platter to plate style
- 11 Perform room service
- 12 Serve Buffet

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 13 Serve Water
- 14 Serve Tea/Coffee
- 15 Serve Soft Drinks
- 16 Serve Beer
- 17 Serve Wine
- 18 Serve distilled alcoholic beverage
- 19 Serve Nepali Traditional Alcoholic Beverage
- 20 Serve food in Nepali style
- 21 Serve food in pre plated style
- 22 Serve food in platter to plate style
- 23 Perform room service
- 24 Serve Buffet

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 1: Serve Water

	Steps	Terminal performance objective	Related technical knowledge
	Receive instruction; i.e. hot/cold normal water, mineral water, sparkling water etc.	Condition (Given):	Water service:Introduction and types of
2.	Obtain clean water jug with under liner or water bottle.	Guest accommodate in restaurant table for	waterGeneral idea about
3.	Serve from the right hand side of the guest.	dinning and waiter/ess ready to serve	storing various water.Service equipment and
4.	Pour water in water glass or water goblet.	Task (What):	tools handling skillTechnique and skill of
5.	Pour water in water glass or water goblet one third of the glass or one inch below of the glass rim.	Perform Water service Standard (How well):	 Teeningue and skill of handling tray Water pouring skill
6.	Do not pour the water up to edge of glass.	 Followed the steps 	
7.	Leave the water bottle in front of guest table or Ice bucket in case of sparkling water.	 Water should be portable. Hot Water must be 	
8.	Follow up the service and refill the glass.	Luke warm or drinkable temperature.	

Required tools/equipment: Tray, waiter cloth, dolly paper, underline. **Safety:** Avoid the spilling of water on the guest or table.

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 2: Serve Tea/Coffee

Stong	Terminal performance	Related technical
Steps	Terminal performance	
	objective	knowledge
 Receive instruction Place the accompanying items (milk, sugar bowl), correct number of cups along with Tea/Coffee pot in slaver. Approach to the guest from his/her right side Announce the serving beverage to insure the correct order. Place the cup with saucer to the right of the guest with the handle turned to the guest right in sense of 45 degree. Pour coffee/ tea from the guest's right side by holding pot in right hand. Pour tea or coffee one third of the cup. Place the coffee or tea pot on the guest table after pouring. Greet the guest to enjoy the tea or coffee. Refill the tea or coffee as per required. 	 <u>Condition (Given):</u> Guests to whom to serve Tea/Coffee Provided required tools and equipment <u>Task (What):</u> Serve Tea or Coffee <u>Standard (How well):</u> Followed the steps Tea or coffee must be served promptly within three (3-5) minutes after order. Serve sugar in sugar bowl along with sugar tong/spoon Tea/coffee should be hot temperature There should be no spills or drips. 	 Serving Tea/ Coffee: Introduction to Tea and Coffee Types of Tea and Coffee Technique and skill of handling tray Service Producer of Tea and Coffee Serving temperature of Tea and Coffee.

Required tools/equipment: Waiter Cloth, Tea/Coffee Pot, Tea/ Coffee cup with saucer plate. **Safety:** there should not be carked or any damaged hollowware for service. **Note:** do not serve cold until and unless ordered for cold tea/coffee.

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Task 3: Serve soft drink

Steps	Terminal performance	Related technical knowledge
~ topo	objective	
 Receive instruction Collect the soft drink as per guest order and hi-ball glass. Approach to the guest from right hand side. Place the hi-ball glass to the right of the guest. Pour slowly and gently soft drink in serving glass. Place the remaining beverage bottle or can on the top of cover by showing brand name toward to guest. Follow up and refill the glass if beverage is available and necessary. Get excuse and clear the empty beverage glass and empty bottle or can. 	 <u>Condition (Given):</u> Guests to whom to serve soft drink. <u>Task (What):</u> Serve the soft drink <u>Standard (How well):</u> Followed the steps Neat and clean equipment Serve promptly within 3-5 minutes after order. Must be chill temperature. 	 Serve soft drink Introduction to soft beverage General knowledge of various soft drinks Technique and skill of handling tray Proper storage of soft drinks Service producer of soft beverage Glassware for soft drinks

Required tools/equipment: Bottle Opener, Hi-ball Glass, salver, ice cubes, ice tong, ice bucket etc.

Safety: Maintain the well balance of tray while carrying for service.

While balancing the tray ensure that beverage are kept at backward and glasses are kept in foreword of the tray.

Time: 7 hrs Theory: 1 hrs Practical: 6 hrs

Task 4: Serve Beer

Steps	Terminal performance	Related technical knowledge
	objective	
 Receive instruction Collect the chilled beer and beer glass. Approach to the guest from right side. Get excuse and announce the serving beverage If necessary open the bottle slowly to allow escape the gas. Handle glass, by the base or steam at almost 45 degree slant. Pour the beer gently in the glass with 3/4 of the glass and let it rest for while and finally add to from a head. Place glass on the guest's right hand side. Greet the guest to enjoy the beer and for good time. Follow up the service and refill the beer if necessary. 	 <u>Condition (Given):</u> Guests to whom to serve beer inside the out premises <u>Task (What):</u> Serve the beer. <u>Standard (How well):</u> Followed the steps Neat and clean equipments Beer should be served chilled 4°C to 6°C. Beer must not be flat. There should be no spilling of beverage 	 Serve Beer Introduction to Beer and types Storage of beer Serving temperature Beer glassware Technique and skill of handling tray Service procedure of beer General idea of Responsible Alcohol service.

Required tools/equipment: Bottle Opener, beer glass/goblet/pilsner,

Safety: stack bottle and glass so they are well balanced and safe to carry.

Time: 10 hrs Theory: 2 hrs Practical: 8 hrs

Task 5: Serve the Wine

Steps	Terminal performance	Related technical knowledge
	objective	
 Receive instruction Collect the supportive tools for wine as per order. [i.e. wine basket, ice bucket and stand for white, rose & sparkling wine, decanter for aged red wine] Get excuse Place appropriate glasses on the table right side of the guest. Present the sealed wine to guest or host from guest right side. Open the wine with help of wine opener without disturbing the bottle. Wipe the inside of the neck with a clean cloth. Attract the host's attention and pour a small amount into his glass for tasting. If the host indicates approval, pour the wine lady first and around the person. Pour or serve the wine and place remaining beside to the guest. Follow up the service or refill the wine. 	 <u>Condition (Given):</u> Guests to whom to be serve wine. <u>Task (What):</u> Serve the wine <u>Standard (How well):</u> Followed the steps <u>Still, white table</u> wines: varying between 10 and 12°C should be maintained. <i>Sweet whites are served at</i> <i>a lower temperature as</i> <i>compared to fruity whites.</i> Sparkling wines: These must be well chilled between 6 and 8°C. <i>Champagne is</i> <i>served more chilled than</i> <i>any other sparkling wines.</i> Red wines: 14 to 18°C is ideal. <i>Light reds are</i> <i>served at lower</i> <i>temperatures in</i> <i>comparison to fuller reds</i> Neat and clean equipment There should be no spilling of beverage 	 Serve the Wine Introduction to wine Types of wine General idea of common grapes and regions Wine serving temperature Dedicated glassware for the wines Wine presentation process Wine opening process Decantation process Service procedure of wine General idea of ideal food for various wines. General idea of Responsible Alcohol service.

Required tools/equipment: wine opener, ice bucket, wine basket, decanter, wine glass.

Safety: There should be no spilling of wine. In the case of sparkling wine corked should be facing at vacant area or at ceiling.

Time: 10 hrs Theory: 2 hrs Practical: 8 hrs

Task 6: Serve Distilled Alcoholic Beverage

Steps	Terminal performance	Related technical knowledge
 Receive instruction Collect the supportive tools and accompaniment for spirit as per order [i.e. ice bucket, spirit decanter, appropriate glasses for spirit] and arrange in slaver. Pour a peg of spirit in appropriate glass; serve ice and other accompaniment as per demand. Confirm the guest cover with right order. Serve the distilled alcoholic beverage from right side of the guest. Follow up the service responsibly and refill the beverage Remove the soiled glassware. 	objective Condition (Given): To Guests whom to serve distilled alcoholic beverage Task (What): Serve Distilled Alcoholic Beverage Standard (How well): • Followed the steps • Neat and clean equipments and glassware. • Suitable garnish and right accompaniment • There should be no spilling of beverage.	 Serve Distilled Alcoholic Beverage Introduction to distilled alcoholic beverage Types of distilled alcoholic beverage Glassware for distilled alcoholic beverage Technique and skill of handling tray Supportive tools and accompaniment Standard portion and service procedure. General idea of Responsible Alcohol service.

Required tools/equipment: Slaver, ice bucket, ice tong, spirit decanter, etc.

Safety: There should be no spilling of beverage

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Task 7: Serve Nepali Traditional Alcoholic Beverage

 Receive complete instruction; Obtain alcohol as per order [eg. Fermented beverage- Chhyang/J(Tho), Brew Beverage – Aela (Raksi). Approach to guest and place bowl (kholacha) for chhyang, salicha/ paala (handmade clay container) for aela (raksi) and copper pot with hallow stick for tomba along with hot water jug from the right hand side of guest. Pour slowly and gently chhyang from soma (alcohol jar or jug), aela from aunti (special metal design jar or jug) by stretching pour up and down. Leave the soma, aunti in front of guest table in case of bulk order. Follow up the service and refill the chhyang bowl, salicha or Receive complete instruction; Condition (Given): Condition (Given): Guest, Restaurant and Bar Task (What): Serve Nepali Traditional Alcoholic Beverage Serve Nepali Traditional Alcoholic Beverage Server should be well groomed and hygienic. Equipment and tools should be neat and clean Beverage should be portable. Beverage should be portable. General concept of Responsible Alcohol Service
replace hot water jug for tomba.

Required tools/equipment: Tray, waiter cloth, dolly paper, underline, kholacha, salicha/ paala, aunti, tomba copper pot, hollow metal stick, water jug.

Safety: do not spillage the beverage

Be aware regarding Nepalese alcoholic beverage.

Time: 7 hrs Theory: 1 hrs Practical: 6 hrs

Task 8: Serve Pre-Plated Food

	Related technical knowledge
 Receive instruction Ensure if there is any food allergy then post the order to kitchen. Collect the necessary cutleries and place them in table cover if required. Ensure the table is clean, water glass is full and accompaniments are placed in table. Collect the ordered food from kitchen. Collect the ordered food from kitchen. Collect the ordered food from kitchen. Condition (Given): Guest, restaurant, pre-plated food, waiter/ess Task (What): Serve pre-plated food Standard (How well): Followed the steps Server should be presentable and hygienic. 	
 Fold should be from right side and served food by announcing dish name. Follow up and refill the water glass. Remove the soiled plates and cutleries after consumption. Crum down the table if necessary. Follow up and confirm if there is any further order to be served. Follow up for the guest satisfaction. Clear the table and reset up if required. Food should be presentable and in right temperature. There should be quick response and eye for details. Right food for right guest. 	erve Food in Pre- lated/American Style Introduction to Pre-plated service Technique and skill of handling tray Technique and skill of handling plate Serving Dishes Knowledge Water service Crumbing down and clearance process

Required tools/equipment: Paper Napkin, waiter's cloth, Side plate, Cutleries, Picher, Water glass. Bushing tray.

Safety: There should be no spillage of food & beverage.

Don't touch the food with naked hand.

Time: 7 hrs Theory: 1 hrs Practical: 6 hrs

Task 9: Serve Food from Platter to Plate

	Steps	Terminal performance	Related technical
	L	objective	knowledge
1.	Receive instruction		Serve Food from Platter
2.	Ensure if there is any food allergy	Condition (Given) :	to Plate
	then post the order to kitchen. Collect the necessary cutleries and place them in table cover if required. Ensure the table is clean, water glass is full and accompaniments are	Restaurant, table with guest, platter food, service equipment and guest plate.	 Introduction to platter to plate service Service rules Technique and skill of handling tray
5.	placed in table. Serve the hot plate from right side of guest.	Task (What):	 Technique and skill of handling plate Technique and skill of
6.	Ladies and elder citizen must serve first.	Serve from platter to plate	handling service spoon and service fork
7.	Collect the ordered food platter from kitchen.	Standard (How well):Followed the steps	• Food plating and
8.	Approach towards to the guest from left side with platter and service spoon & fork.	 Server should be presentable and hygienic. 	 portioning technique. Serving Dishes Knowledge Crumbing down and
	Serve the food from left hand side of guest.	• Food should not spill during service.	clearance service
10	. Portion the food and ensure the equal portion for each guest to be share.	 Server should have full confidence in service. There should be quick 	
	. Place the remaining food palter on the guest table.	response and eye for details.	
	Greet to the guest to enjoy the meal.		
	. Follow up and refill the water glass. . Remove the soiled plates and		
14	cutleries after consumption.		
15	. Crum down the table if necessary.		
	Follow up and confirm if there is any		
	further order to be served.		
17	. Follow up for the guest satisfaction.		
De	auired tools/equinment. Paper Nanki	waiter aloth aide plate Cut	Jamias Dlattan Campias

Required tools/equipment: Paper Napkin, Waiter cloth, side plate, Cutleries, Platter, Service spoon & fork.

Safety: There should be no spilling of beverage

Time: 7 hrs Theory: 1 hrs Practical: 6 hrs

Task 10: Perform Room Service

	Steps	Terminal performance	Related technical
	<u>F</u>	objective	knowledge
<u> </u>		J ****	Perform Room Service
 2. 3. 4. 5. 6. 7. 8. 9. 10 11 	Take the order and ensure if there is any food allergy then post the order to kitchen. Collect the necessary cutleries and crockery place them in room service trolley or tray. Ensure all the order foods and accompaniments are ready to deliver. Approach to the guest room and knock gently by announcing room service. Greet to guest with cheerful and take permission for land the tray or park the trolley.	 <u>Condition (Given):</u> Guestroom with guest, room service trolley with food, all required cutlery, crockery, glassware and hollowware <u>Task (What):</u> Serve food to guest room <u>Standard (How well):</u> Followed the steps Server should be presentable and hygienic. Food should not spill during service. Server should have full confidence in service. There should be quick response and eye for details. Follow up and clearance should be performing with in 20minutes or as per guest request. 	 Introduction to Room service Room service rules Greeting and socializing knowledge. Serving Dishes Knowledge Cutleries, crockery and hollowware for room service Room service trolley uses and handling skill. Room service procedure Billing procedure of room service

Required tools/equipment: Napkin, Cutleries Cookeries, Tray, Trolley, Lid to cover food.

Safety: Push the room service trolley; lock the wheel when trolley is parked.

Time: 5 hrs Theory: 1 hrs Practical: 4 hrs

Task 11: Perform Buffet Service

Steps Termin	al performance Related technical knowledge
_	bjective
 Ensure the all the food items are displayed in buffet tables as per order or menu. Ensure and arrange the necessary cutleries and crockery and place them right order in buffet table. Greet to guest with cheerful and assist to make them sit. Serve water to guest from right side of guest. Ensure if guest have any order beverage with meal. [applicable only in Buffet restaurant] Clear the soiled crockery and cutleries after each course. Follow up and remove the soiled plates and cutleries after consumption. 	 buffet service d (How well): wed the steps or should be ntable and berving Disites and rood courses Knowledge Cutleries, crockery and hollowware Water service Crumbing down and clearance process

Required tools/equipment: Napkin, Cutleries, Cookeries, Tray, etc.

Safety: There should be no spillage of food & beverage

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Steps	Terminal performance	Related technical
	objective	knowledge
		Serve Food in Nepalese
 Receive complete instruction Collect the necessary neat and clean cutleries and place them in table cover if required. Approach to guest and get excuse to make them hand wash. Approach to guest with Karuwa full of water and brass container (Bata) to make guest wash hand. Pour water slowly and gently above Bata. Collect the ordered food from kitchen. Approach to guest and serve food as 	Condition (Given): Restaurant / dining area with full equipment and tools Task (What): Serve food in Nepalese Traditional style Standard (How well): • Followed steps • Server should be well	 Serve Food in Nepalese <u>Traditional Style</u> Introduction to Nepalese Traditional dishes and courses. Knowledge of appropriate traditional equipment and tools for Nepalese food
 Approach to guest and serve food as per instruction i.e. pre-plated or platter to plate. Serve senior citizen first as far as possible. Announcing dish name during service. Follow up the service and refill the water glass. Ensure guests are finished with food. Get excuse and remove the soiled plates and cutleries as required. Again Approach to guest with 	 Server should be well groomed and hygienic. Equipment and tools should be neat, clean and shine. Satisfaction & cheerful should reflection There should be no spilling of food and beverage. 	
Karuwa full of water and empty brass container (Bata) to make guest wash hand.14. Present the fresh towel to make their hand dry.		

Task 12: Serve Food in Nepalese Traditional Style

Required tools/equipment: Slaver, Karuwa, Bata, Waiter Cloth, Napkin, Platter, Fresh towel, etc. Safety: There should be no spilling of food and beverage

Time: 6 hours Theory + 16 hours practical = 22 hours Description:

It consists of the skills and knowledge related to performing Bill Settling and Closing activities. Under this module there are tasks related to performing Bill Settling and Closing necessary to be performed by a waiter or waitress. Each task structure consists of related task steps, terminal performance objective, and minimum technical knowledge necessary to perform that very task.

Objectives:

After its completion the trainees will be able:

- 1 Follow up the service
- 2 Prepare/ Present the bill
- 3 Farewell the guest
- 4 Prepare inventory
- 5 Prepare sales report
- 6 Hand over/ Close shift

Tasks:

To meet these objectives trainees are expected to get proficiency on the following tasks:

- 1 Follow up the service
- 2 Prepare/ Present the bill
- 3 Farewell the guest
- 4 Prepare inventory
- 5 Prepare sales report
- 6 Hand over/ Close shift

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 1: Follow up the service

Steps	Terminal performance	Related technical knowledge
	objective	
 Receive complete instruction Approach to the guest table in good manner. Look at the guest with eye contact & warm smile. Get excuse!! Politely ask them for any-additional food & beverage they would like to add & re -fill. Check dining experience with the guest. Maintain distance minimum 1(one) meter away from guest table Listen to the guest feedback & make them feel like they're really important & valuable. Thanks to the guest for their each comment. Note down all positive & negative in the communication log-book. Thanks to the guest. 	 <u>Condition (Given):</u> Guests are at dining in the restaurant F & B waiter will follow up about service experience <u>Task (What):</u> Follow up & check the service <u>Standard (How well):</u> Carefully applied suggestive up selling technique. No argument & no complaint occurred. 	 Follow up the service: Introduction Institutional manner Good communication skill & good in listener. Product knowledge. Aware of Hotel or restaurants extra F & B activity. Confidence & Situational facial expression. Avoid any kind of itching & touching hair, ears & nose during the conversation with guest

Required tools/equipment: Writing pad, pencil, lighter, opener, KOT & BOT. **Safety:**

Don't take any liability if guest try to complaint about food borne illness, food allergy. There should not be any argument & interruption during the process.

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Collect all right KOTs & BOTs Ensure all served F & B are included in prepared bill. Bill must be clean, accurate and free of spills or stains. Keep the bill inside the bill pad/ folder. Politely ask for excuse before placing the bill. Present the bill to the host from his/her right side on the table along with a Hotel or Restaurant Company's logo pen. Inform to guest about the bill. Stand right behind the guest and wait for payment. Once you get signal, collect the bill with payment using by right hand. Thanks to the guest. Go to the cash counter check the payment & settle down the bill accordingly. If there's any balance, money must return back to the guest immediately. If applicable, ask guest to fill company comment card including their dining experience with us. Collect the bill folder when guest left the table Keep records 	 according to KoT & BoT. Bill presented within 3 minutes after guest requested for the bill. Bill folder clean & odorless with a company's logo pen. Bill Presented to the Host. Bill Settled Waiter's had thank to guest for payment. 	 Prepare & present the bill: Information of items Type (manual or system) Information of billing process. Presenting technique & skill. Short& common inquiry about product quality & service while presenting bill. Know about foreign currency policy & procedure. Accounting & Cash management Honest & quick.

Task 2: Prepare/present/settle the bill

Required tools/equipment: Bill folder, Pen, Bill & Comment card.

Safety: Do not attempt to take & ask for tips to guest.

Must know about exchange policy & procedure of foreign currency

Time: 3 hrs Theory: 1 hrs Practical: 2 hrs

Task 3: Farewell the guest

	Steps	Terminal performance objective	Related technical knowledge
 4. 5. 6. 7. 8. 9. 	 pulling back each guest chairs. Follow "lift & pull" principle while pulling back the guest chairs. Thanks to the guest for visit and wish them according to time of the day while making fond farewell. Assist the guest if there's any disable guest. Ask guest to drop /leave their personal or company's visiting card. Maintain the body posture and gestures with cheerful face. 	 <u>Condition (Given):</u> Restaurant in situation Waiter has to perform hosting, farewell the guest <u>Task (What):</u> Farewell the guest <u>Standard (How well):</u> Followed all steps. No complain, no ignorance, and inattention while fare walling to guest. Guest left happily. 	 Farewell the guest : Greeting Respect & courtesy. Show natural hospitality service. Good communication skill Body language. Offer & joyful invite to each guest for visit again in the future.

Required tools/equipment: Pen, note pad **Safety:**

Clear all the walking passage so that guest can walkthrough & easy to leave.

Guest permission must be taken while moving back chair in order to avoid the accident

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Steps	Terminal performance	Related technical knowledge
Steps	objective	Kelated teelinear knowledge
	003000110	
 Collect & prepare the sales report of each item. Count all the items physically All internal & external transfer paper must be included in the process. Check the expiry date of all the items thoroughly if found any then track down immediately include in 	Condition (Given): Junning restaurant With inventory reparation Cask (What): Tess (What): Tess (What): Tess (What): Tess (What): Followed proper steps All the items counted physically using by calculator, writing pad& pencil. No variance occurred between ideal & actual unit.	 Importance Timeframe & procedure. Product knowledge. Precaution & awareness. Cleanliness. Forms & format. Optimum temperature knowledge. Breakage documentation knowledge. Storage idea & skill.

Required tools/equipment:

Calculator, pen, writing pad& hand gloves. Safety:

Using the FIFO formula will avoid/ minimize expiring items.

The process of wrong inventory may impact on cost controlling.

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Task 5: Prepare sales report

Task 5: Frepare sales report	Tampinal nonformerse	Deleted technical Impuried as
Steps	Terminal performance	Related technical knowledge
	objective	
1. Receive complete instruction		Prepare sales report:
2. Check billing if error occurred	Condition (Given):	
has pending/ remaining to settle	In the restaurant situation	• Importance.
3. Complete / settle down all kind	Sales report prepared at	Training
of bill payment.	the end of shift by waiter.	• type
4. Ask permission to shift in-		• Skill & process.
charge for to raise shift report.	Task (What):	Documentation.
5. Ensure that total cash & credit		
sales match in the system.	Preparing sales report	Responsibility.
6. Report should be printout	reparing sales report	• Maintain the log- book.
within the timeframe of serving	Standard (How well):	• Followed Safety & security
period	<u>Standard (110w wen):</u>	system.
1		
7. Write /mention necessary sales	• Followed safety &	
information in the logbook	security steps or	
highlighting& segregating the	procedure.	
food, beverage, tobacco &	• An accurate sales	
miscellaneous.	report has to be made	
8. Fill the sales report format as	within the timeframe	
provided by establishment.	of serving period.	
9. Make a detail of shift sales	• Documented & filled	
summery.	supporting forms and	
10. Ensure that all types of credit	format.	
slip & debit slips are accurate.		
11. Put all the credit-slip & cash		
inside the envelope mentioning		
all kind of denomination.		
12. Deposit in the safety box.		

Required tools/equipment: Writing pad, pencil, lighter, opener, KOT & BOT. **Safety:** Ensure that debit & credit card payment slip are signed by guest & accurate. Always use envelope or money bag while delivering/ transferring in the safety box.

Time: 4 hrs Theory: 1 hrs Practical: 3 hrs

Task 6: Hand over / close shift

Steps	Terminal performance objective	Related technical knowledge
 Receive complete instruction Check & complete the entire F & B duty checklist worked accordingly. Check & complete all restaurant operational task by team. Make a day /shift sales report of the restaurant, no variance found in cash management. Share/ relay information about upcoming & ongoing special activities of the restaurant & hotel in the logbook. Segregate the soiled linen and track it in the linen exchange book. Guest tables, side stations, bar area are clean & taken necessary inventory. Restaurants back areas are clean & tidy also no remaining mesa en place left. Close & put off electric sockets, appliance & unusual lights. Have a short team meeting (debriefing) and discussed about service quality. Dusting, cleaning issues are to be communicated with house- keeping department. Close all entrance & exit doors for safety & security propose. Hand over all the keys in security office which are belongs to restaurant. 	 <u>Condition (Given):</u> Situation in the restaurant Hand over/ close shift will be performed by waiter at end of shift. <u>Task (What):</u> hand over/close shift <u>Standard (How well):</u> All steps for closing/ hand over are followed. All safety & security procedure are followed. There have no any soiled plates on guest tables & side station. Everything has went off well & smoothly. 	 Hand over/ close shift: Know the Responsibilities. Followed Process. Cleanliness. Communication with internal department. Adapted Safety & Security policy. Followed Save energy principle Documentation. Maintain log book.

Required tools/equipment: Checklist, Pen, F&B logbook, keys & Linen. **Safety:** Ensure followed proper policy & procedure of closing.

मोड्युल दः उद्यमशीलता विकास (Entrepreneurship Development)

समय : १८ घण्टा (सै) + २२ घण्टा (प्र)= ४० घण्टा

वर्णन (Discription): आफ्नै व्यवसाय/लघु उद्यम सुरु गरी स्वरोजगार हुन चाहने व्यक्तिहरुको लागि आवश्यक ज्ञान तथा सीपयुक्त जनशक्ति तयार गर्ने उद्देश्यले यो उद्यमशिलता विकास सम्बन्धी सबमोड्यूल तयार पारिएको हो । यसमा उद्यमको परिचय, उपयुक्त व्यवसायिक विचारको खोजी, व्यावसायिक योजना तयारीको लागि व्यावसायिक विचारको विकास जस्ता विषय वस्तुहरु समावेस गरिएका छन् ।

उद्देश्य (Objectives):

यस मोड्यूलको समापन पछि विद्यार्थीहरुले निम्न कार्यहरु गर्न सक्षम हुनेछन्:

- १. उद्यम तथा स्वरोजगारको अवधारणा बुभन ।
- २. आफ्नो व्यवसायको लागि उपयुक्त हुने व्यवसायिक विचारको प्रस्फुटन गर्न ।
- ३. व्यावसायिक योजनाको तयारी गर्न ।
- ४.व्यवसायिक अभिलेख राख्न प्रशिक्षित हुन ।

कार्यहरु

- 9. व्यवसाय/उद्यमको अवधारणा व्याख्या गर्ने ।
- २. उद्यमशीलता सम्बन्धी मनोवृति विकास गर्ने ।
- ३. सम्भावित व्यवसायिक विचारको श्रृजना गर्ने ।
- ४. व्यवसायिक योजनाको तयारी गर्ने।
- ५. व्यवसायको आधारभूत अभिलेख तयारी गर्ने ।

क.सं.	कार्यहरु	सम्बन्धित प्राविधिक ज्ञान		सम्बन्धित प्राविधिक ज्ञान समय (घण्ट सै. प्र.	
क.स.	काषहरु			प्र.	जम्मा
٩	व्यवसाय⁄उद्यमको अवधारणा व्याख्या गर्ने ।	 व्यवसाय/उद्यमको परिचय व्यवसाय/उद्यमको वर्गिकरण लघु, साना तथा मभौला उद्योगको जानकारी स्वरोजगारी र तलवी व्यक्तिको फाईदा तथा बेफाईदाहरु 	لا		४
२	उद्यमशीलता सम्बन्धि मनोवृति विकास गर्ने ।	सफलताको जिवनचकजोखिम लिने मनोवृति	R		R
ગ	सम्भावित व्यवसायिक विचारको श्रृजना गर्ने ।	व्यवसायिक विचारको श्रृजनाव्यवसायिक विचारको मुल्याङ्कन	٩	२	ə
X	व्यवसायिक योजनाको तयारी गर्ने । (प्रत्येक प्रशिक्षार्थीले १/१ वटा व्यावसायिक योजना तयार गरी प्रस्तुति गर्ने)	 बजार तथा बजारीकरणको अवधारणा वस्तु तथा सेवाको वर्णन व्यवसाय गर्ने स्थानको छनौट बजार हिस्साको अनुमान प्रवर्द्धनात्मक कृयाकलाप अचल सम्पत्ति तथा लागतको विश्लेषण कच्चा पदार्थ तथा लागत मुल्याङ्कन कार्यान्वयन प्रकृयाको वर्णन 	ç	٩٢	२७

		•	मानव संसाधन तथा लागत विश्लेषण			
		•	शिर्षभार खर्च तथा युटिलिटिज विश्लेषण			
		•	चालू पूजीको अनुमान तथा कूल आवश्यक पूजीको			
			विश्लेषण			
		•	वस्तुको उत्पादन लागत तथा मूल्य निर्धारण			
		•	लगानीमा प्रतिफल तथा पार विन्दु विश्लेषण			
		•	सूचना संकलन प्रकृया तथा निर्देशिका			
X	व्यवसायको आधारभूत	•	दैनिक खाता (Day Book)			
	अभिलेख तयारी गर्ने ।	•	विक्री खाता	0	`	_
		•	खरिद तथा खर्च खाता	٩	۲	ঽ
		•	साहु असामी वा लिनु दिनु पर्ने खाता ।			
जम्मा			٩٢	રર	४०	

Textbooks:

क) प्रशिक्षकहरुका लागि निर्मित निर्देशिका तथा प्रशिक्षण सामग्री, प्राविधिक शिक्षा तथा व्यावसायिक तालीम परिषद्,

7089

ख) प्रशिक्षार्थीहरुका लागि निर्मित पाठ्यसामग्री तथा कार्यपुस्तिका, प्राविधिक शिक्षा तथा व्यावसायिक तालीम परिषद्

(अप्रकाशित), २०६९

Reference book: Entrepreneur's Handbook, Technonet Asia, 1981

मोड्युल ९ः लैगिंक समानता तथा सामाजिक समावेसिकरण

अवधि : १६ घण्टा (६ घण्टा सैद्धान्तिक + १० घण्टा प्रयोगात्मक)
विवरण : यस सह मोडुलमा लैससासका अवधारणाहरु, लैससास मैत्री तालिम र काम गर्ने वातावरण, लैससास आधारित हिंसा र कार्यस्थलमा
हुने लैससास आधारित दुर्व्यवहारलाई सम्बोधन गर्ने कार्यविधिहरु रहेका छन् ।
उद्देश्य : प्रशिक्षार्थीहरुमा लैससासका अवधारणाहरुको चेतना दिने, लैससास मैत्री तालिम र काम गर्ने वातावरणका साथै कार्यस्थलमा हुने
लैसंसास आधारित दुर्व्यवहारलाई सम्बोधन गर्ने साधन प्रदान गर्ने
कार्यभार:

क. लैससासका अवधारणालाई बुभूने ख. टीभीइटी क्षेत्रमा लैससास मुलप्रवाहीकरण बारे बुभूने ग. कार्यस्थलमा हुने लैंगिक दुर्व्यवहारलाई सम्बोधन गर्ने कार्यविधि बारे बुभूने

क.	कार्य/सीपको चरण कदम	सम्बन्धित प्राविधिक ज्ञान	अवधी					
सं.	Tasks/Skills Steps							
			सैद्धान्तिक	प्रयोगात्मक	जम्मा			
लैसर	सासका अवधारणहरु प्रति परिचित हु	नु						
۹.	लैससासका अवधारणहरु बुभ्ने	 लिंग र लैंगिक लैंगिक कार्य र विध्यमान समाजिक प्रणालीमा कार्य विभाजन 	१ घण्टा	२ घण्टा ३० मिनेट	३ घण्टा ३० मिनेट			
		 लैंगिक समानता/समता विध्यमान सामाजिक प्रणालीमा सामाजिक बहिष्करण/समावेशिकरणको अवस्था 						
लैससास मैत्री तालिम र काम गर्ने वातावरण प्रति परिचित हुनु								
२.	टीभीइटी क्षेत्रमा लैससास मैत्री काम गर्ने वातावरण बारे बुभ्र्ने	 टीभीइटी क्षेत्रमा लैससास सम्बन्धि स्थापित मान्यता वा रुढिग्रस्त धारणा 	३० मिनेट	१ घण्टा	१ घण्टा ३० मिनेट			
कार्यस्थलमा हुने लैंगिक दुर्व्यवहारलाई सम्बोधन गर्ने तरिका बारे परिचित हुनु								
n .	कार्यस्थलमा हुने लैससासमा आधारित दुर्व्यवहार बारे बुफ्नु	 विभिन्न किसिमका लैससासमा आधारित दुर्व्यवहार (मौखिक, हाउभाउ, शारिरीक, अश्लिल साहित्य वा लिखित र चित्रका प्रकार, मानसिक/भावनात्मक 	१ घण्टा	३० मिनेट	१ घण्टा ३० मिनेट			
¥.	कार्यस्थलमा हुने लैससासमा आधारित दुर्व्यवहारलाई रोक्ने तरिका (ज्यालादारी रोजगारी र स्वरोजगारी)	 ज्यालादारी काम वा स्वरोजगारमा हुने लैससासमा आधारित दुर्व्यवहार प्रति सजग हुने यौन र्दुव्यवहार बढि हुने क्षेत्रहरु प्रति सजग हुने योफ्नो पदको काम र जिम्मेवारीको बारे छर्लग हुने व्यवस्थापन/वा वरिष्ठ सहकर्मीहरुसगं विश्वास कायम गर्ने संस्था/कम्पनीको कर्मचारी नीति बारे सजग हुने गोप्यनियताको उजुरी गर्ने र परामर्श सहयोग लिने 	१ घण्टा	१ घण्टा	२ घण्टा			
	320-2-0-	विधिहरु बारे सजग हुने	<u> </u>					
¥.	वैदेशिक रोजगारी र महिलाहरुका सवालहरु	 अवस्था/आवश्यताहरुको बारे सचेत हुने विदेशमा नेपाली महिला कामदारहरु विरुद्ध हुने दुर्व्यवहार बारे सचेत हुने महिलाहरु∕पुरुषहरु विदेशमा काम गर्दा हुने सवालहरु बारे सचेत हुने 	१ घण्टा ३० मिनेट	४ घण्टा	५ घण्टा ३० मिनेट			
	â <u> </u>	 सरकारले विदेशमा जाने महिलाहरुका लागि गरेका प्रयासहरु बारे सचेत हुने 						
દ્ય.	लैससास आधारित हिंसा विरुद्ध देशको कानुन	 लैससास आधारित हिंसा विरुद्ध देशको कानुन बारे बुभ्ग्ने 	१ घण्टा	१ घण्टा	२ घण्टा			
		जम्मा घण्टा	६ घण्टा	१० घण्टा	१६ घण्टा			